

FOR IMMEDIATE PRESS RELEASE

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Thank you for the opportunity to discuss partnering with you to gain your help in spreading the word about our newest book releases, *Things My Mama Said* the book; and *Things My Mama Said Prayer Journal: Mama Said There'd Be Days Like This* the journal!

The book and journal are both motivational and inspirational guides now on Amazon, Barnes and Noble, and at www.tanyajmiller.com. We are interested in the opportunity to have a book signing at your location, or pursue any other opportunity that is open and optional. Below you will find information about the book, journal, and me. We hope to gain the opportunity to work and speak with you to promote the book and journal. Please feel free to contact us with any questions; as we hope to speak with you soon regarding setting up a date for a Book Signing at your location.



The Book, *Things My Mama Said*

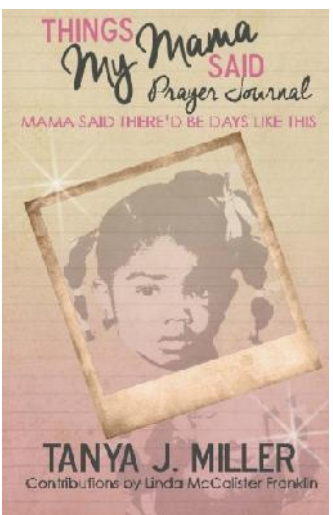
Whether it's taking responsibility for your actions or recognizing that sometimes other people's needs are greater than your own, the stories in *Things My Mama Said* offer up some very profound insight in what some may find rather unorthodox ways, but it worked.

These twenty tales, as told by author and life coach Tanya J. Miller about her own mother, will ultimately challenge you to be a better, wiser, and stronger person.

Titles like "A Hard Head Makes a Soft Behind," "Tell Me One More Time Something Ain't Fair," and "You Can't Beat God's Giving No Matter How Hard You Try" reveal a brilliant, clever, and outspoken parent who teaches her children about life before life does the teaching.

Whether shopping at the mall or watching television in the den, Miller's mother makes sure her kids think for themselves and understand that in life there are no shortcuts, handouts, or excuses.

For fans of T. D. Jakes, Joyce Meyers, and Steve Harvey, these true accounts about a strong woman who lives out what she preaches will fill you with both wisdom and laughter.



The Journal, *Things My Mama Said Prayer Journal: Mama Said There'd Be Days Like This*

Did somebody say it's prayer time? Well, we're thinking that's the case because you decided to read this prayer journal, so yes, it is prayer time. As my mama would always say; prayer is always in order and welcomed. So welcome to the *Things My Mama Said Prayer Journal: Mama Said There'd Be Days Like This* because there will be days!

In *Things My Mama Said* the book, we shared with you our collection of twenty straight-from-the-heart true stories centered around the wisdom of a mother who spent her entire life guiding her children and teaching them the ropes. In *Things My Mama Said Prayer Journal: Mama Said There'd Be Days Like This*, we're going to give you what you need to get through these days.

You're going to find encouragement, motivation, and inspiration for where you are at, to fit the puzzle pieces of life together; even if it's day by day.

Fulfill your dreams, pursue your passion, walk out your vision, and arrive at your destiny!

About the Author:

Tanya J. Miller is a certified life coach with over eighteen years of experience working with youth, young adults, and women throughout the community and in ministry to pursue purpose, passion, vision, and destiny.

A graduate with a BBA in finance and business management from Northwood University and an MBA from Regent University, she is also a certified Lean Six Sigma Green Belt and ScrumMaster®.

She is the owner of Tanya J. Miller, LLC, where she is an accomplished author, motivational speaker, life coach, and leadership strategist.

She has been happily married for almost nine years to Bennie Miller, Jr. and currently lives in the Dallas/Fort Worth area.

She is also the author of *Mind Matters: Get Out of Your Head and Jump into Life!* and *Mind Matters: Get Your Mind Right Journal*.

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